

Diagnosis	NIDDM	Bilateral TKRs
	IHD	L hip fracture
	CCF	Cataract surgery
	Postural hypotension	
	Recurrent falls	
	BPH	
	GORD	
	Glaucoma	

Medications	Aspirin 100 mg mane	Latanoprost 1 drop nocte R+L
	Bisoprolol 5 mg mane	
	Irbesartan 75 mg nocte	
	Isosorbide mononitrate 30 mg ma	
	Metformin XR 750 mg mane	
	Dutasteride/tamsulosin nocte	
	Ranitidine 300 mg nocte	
	Vitamin D 1000 U mane	
	Calcium 600 mg mane	
Allergies	Penicillin, Shellfish	

Vital Signs			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
BP	Pulse	WT																																	
240		120																																	
220		110																																	
200	140	100																																	
180	120	90																																	
160	100	80																																	
140	80	70																																	
120	60	60																																	
100	40	50																																	
80		40																																	
60		30																																	

Temp																																			
U/A	Nit pos?											neg	pos	pos																					

Observations		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
Confusion	Y = U/A	N	N	N	N	N	N	N	N	N	N	N	N																					
Agitation	Y = U/A	N	N	N	N	N	N	N	N	N	N	Y	Y	Y																				
Aggression	Y = U/A	N	N	N	N	N	N	N	N	N	N	N	N																					
Pain	Y/N	N	N	N	N	N	N	N	N	N	N	N	N	Y																				
Falls	Y = U/A	N	N	N	N	N	N	N	N	N	N	N	N	Y																				
Skin tears	Y = infected	N	N	N	N	N	N	N	N	N	N	N	N	Y																				
Comments																																		

Nursing		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
Tubigrip	Y/N	N											Y																					
Wounds	Y/N	N											Y																					
Pressure Areas	Y/N	N											N																					
Pads	Y/N	N											N																					
Feeding	Y/N	N											N																					
High-low Bed	Y/N	Y										Y	Y																					
Bed Sensors	Y/N	Y										Y	Y																					
Comments																																		

Physio		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
Falls risk	H/M/L	H											H																						
Aids	S/W	W											W																						
Gait training		N											Y																						
Balance training		N											Y																						
Strengthening		N											Y																						
Walking		N											Y																						
Passive movement	Y/N	N											N																						
Comments																																			

Diabetes		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
Before breakfast		6.2	7.5	8.0	7.2	8.2	7.3	6.1	7.6	8.2	9.5	11.2	12.1																					
2hrs after breakfast																																		
Before lunch																																		
2hrs after lunch																																		
Before dinner																																		
2hrs after dinner																																		

Sliding Scale for IDDM GMR < 3.0 – Glucagon GMR < 5 – sugar sweat drink
 GMR 16-20 – 2 U Actrapid GMR 21-25 – 4 U Actrapid GMR 26-30 – 6 U Actrapid GMR > 30 – 8 U Actrapid, contact doctor

Warfarin		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
INR																																		
Dose																																		
Next test																																		