



RACGP VICTORIA'S
WOMEN IN GENERAL PRACTICE
COMMITTEE IS PROUD TO PRESENT

BRAINY WOMEN: A HEALTHY MIND AND BODY

RACV CITY CLUB MELBOURNE
28-29 MAY 2022



BRAINY WOMEN: A HEALTHY MIND AND BODY

2021

Message from the Chair

The Women in General Practice (WiGP) Committee is an RACGP Victoria faculty initiative that supports and advocates for female GPs and for women's health. Each year we organise and facilitate educational events, as well as opportunities to meet, support and network with other GPs.

This year we are excited to bring you Brainy women: A healthy mind and body. The conference includes sessions on women's health and doctors' health and wellbeing. It is open to all GPs, as well as to new Fellows and registrars. Our conferences are practical, interactive, and provide many opportunities to meet and talk with other GPs. We are very excited to have Natasha Stott Despoja AO as our closing speaker.

Dr Marina Malcolm
Chair, RACGP Victoria
WiGP Committee



Natasha Stott Despoja

VENUE

RACV City Club

Conveniently located in the heart of Melbourne's CBD and just a stone's throw from the retail precinct, public transport, Federation Square, theatres and major event venues, the RACV City Club caters for social, leisure and business needs.

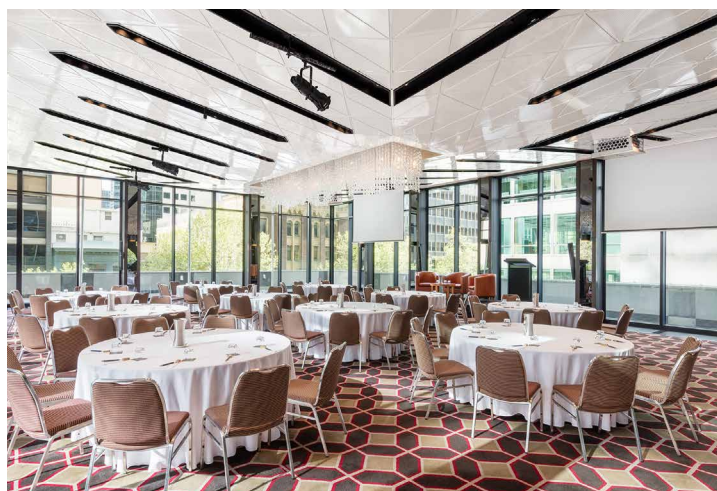
For those who wish to stay in the CBD, the venue offers a wide range of dining options, a swimming pool, squash courts and a day spa.

SATURDAY EVENING

Conference dinner

The conference dinner will be held on Saturday night in the Club Pavilion at the RACV City Club.

The Saturday dinner is included in your conference registration. Additional tickets for your family members can be purchased.





PROGRAM OUTLINE

SATURDAY 28 MAY 2022

9.00–9.10 am	Acknowledgement of Country & Welcome	Dr Marina Malcolm
9.10–10.10 am	Healthy mind, healthy body for women; sexual function midlife and beyond	Sonia Davison
10.10–10.30 am	Morning tea	
10.30 am – 12.30 pm	Mindful practice: The art and practice of being a mindful and well medical practitioner	Shawn Goldberg - MindUp
12.30–1.15 pm	Lunch	
1.15–2.15 pm	In her own words	Natasha Stott Despoja AO (Introduced by RACGP President Dr Karen Price)
2.15–2.30 pm	Afternoon tea and networking	
2.30–3.30 pm	Eating disorders in adolescents and children	Dr Suba Rudolph
3.30–4.30 pm	From a healthy mind comes a healthy body: Creating a balanced lifestyle	Dr Susan Barnett
4.30–6.30 pm	Evening break	
6.30–8.30 pm	Group dinner	

SUNDAY 29 MAY 2022

8.30–10.30 am	Supporting doctors' mental health	Dr Tim Dewhurst
10.30–10.45 am	Morning tea	
10.45–11.45 am	Dementia and cognitive impairment in women: Prevention and early detection	Dr Kate Gregorevic
11.45–12.45 pm	MARAM (Multi-Agency Risk Assessment and Management Framework): Supporting women's health and safety	Dr Magdalena Simonis
12.45–1.45 pm	Lunch and close	
2.00–4.00 pm	BLS – Basic Life Support run by GPs for GPs (Optional session)	Dr Rod Campain

Program is subject to change

REGISTRATION AND ACCOMMODATION

REGISTRATION

	RACGP member	Registrar member	Non-member
Full conference*	\$375	\$300	\$425
Saturday only (including dinner)	\$300	\$225	\$350
Additional dinner ticket	\$125	\$125	\$125
Live stream**	\$200	\$200	\$200

All prices quoted include GST

*Full conference package includes full-day catering Saturday with conference dinner, morning tea and lunch on Sunday.

**Live stream attendees will be eligible for two CPD points per hour.

ACCOMMODATION

To secure a room please phone 03 9944 8888 and quote BBID 10463005

Room type	Rate
Room	\$220
Room (including breakfast)	\$240

All rooms come with complimentary wi-fi, air conditioning, private bathroom, TV with selected Foxtel channels and daily newspaper.

For further information please contact the RACGP Victoria Events team on **03 8699 0591** or email vic.events@racgp.org.au

