

Australian GP discusses weight management with patients (n = 100)

Australian other specialist HCP discusses weight management with patients (n = 100)

Australian PwO discussed weight with HCP and made weight loss effort (n = 767)

Figure 3. Methods for managing weight recommended or discussed between healthcare professionals (HCPs) and people with obesity (PwO). General practitioners (GPs) and other specialist HCP data reflect the proportions of patients for which HCPs reported recommending each method. PwO data reflect the percentage of patients who reported they had discussed each method with their HCP. Percentage values are weighted to demographic targets. QoL, quality of life.