

## Appendix 1. Chronic pain questions

		Coding/recoding
1	What are the main conditions that cause your pain?	Free text
		Coded as: Arthritis Other musculoskeletal Accident/injury Other (including diabetes mellitus, oedema, epilepsy, psychiatric conditions, osteoporosis, haemorrhoids, dental pain, chronic fatigue syndrome and complex regional pain syndrome) Neurological/nerve Rheumatological/inflammatory Abdominal/pelvic Undiagnosed Surgical/postsurgical Cancer
2	How long have you experienced this pain? (Specify months and years)	Recoded into months
3	How do you manage your pain? (Select all that apply)	1. Prescription medication 2. Over-the-counter medications 3. Relaxation therapy 4. Massage therapy 5. Mind-body therapies 6. Acupuncture 7. Aromatherapy 8. Biofeedback treatment 9. Chiropractic treatment 10. Hypnotherapy 11. Therapeutic touch 12. Reiki healing 13. Tai chi 14. Dietary treatments 15. Nutritional supplements 16. Herbal remedies 17. Yoga 18. Other exercise 19. Nerve block 20. TENS 21. Pain pump 22. Other (please specify) 23. Pain clinic 24. Physiotherapy
		22. Other, please specify Included: Circulation/vibration machines Cortisone injections Heat/cold (baths, ice, heat packs) Put up with it Marijuana Osteopath Podiatry Epidural Sleep management Weight loss Myotherapy Psychic energy healer
4	Do you feel your pain is well managed?	Yes No
5	In general, are you satisfied with the care you receive to manage your pain?	1. Very satisfied 2. Satisfied 3. Neither dissatisfied nor satisfied 4. Dissatisfied 5. Very dissatisfied

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**Appendix 1. Chronic pain questions (cont'd)**

		Coding/recoding
6	How would you improve the care of chronic pain in this region?	Free text
		Coded as: Local access to pain clinic Education for GPs re chronic pain Access to specialists Access to GPs Education re treatment options Legalise cannabis Awareness of chronic pain in community Access to allied health or CAM Subsidised allied health or CAM Bulk-billing Education re chronic pain for patients Waiting times Treatment other than medication Reduced cost Definitive diagnosis GPs who listen/trust patients Continuity of GP care Supportive GPs Minimise travel Effective pain medication Community programmes Support groups Personalised care plans
7	Is there anything that you feel prevents you from managing your pain as well as you would like?	Free text
		Coded as: Access to GPs Access to specialists Distance Cost Legislation Education Age Side effects of medication Physical impairment/comorbidities Access to care Lack of definitive diagnosis Waiting lists Family/carer responsibilities Non-English speaking Weight Lack of helpful health professionals Mental health Reluctance to use pain medication Apathy Work/study commitments Lack of hospital care Access to allied health Time

CAM, complementary and alternative medicine; GP, general practitioner; ENS, transcutaneous electrical nerve stimulation.