

Appendix 1. Results of Hospital Anxiety and Depression Scale (HADS) with comparison between demographic groups (n = 332)																						
	Anxiety score		HADS anxiety category								Depression score		HADS depression category									
	Mean	SD	Normal		Mild case		Moderate/severe case				Mean	SD	Normal		Mild case		Moderate/severe case				Total	
			n	%	n	%	n	%	P value	X ²			n	%	n	%	n	%	P value	X ²	n	%
Age group (years)*																						
≤30	6.3	4.437	64	66.0	18	18.6	15	15.5			4.01	3.1	86	88.7	7	7.2	4	4.1			97	100
30–45	5.56	4.185	85	69.1	18	14.6	20	16.3			3.89	3.4	97	78.9	21	17.1	5	4.1			123	100
46–60	5.9	4.649	39	66.1	12	20.3	8	13.6			4.64	4.5	45	76.3	8	13.6	6	10.2			59	100
>60	5.69	4.6	11	68.8	2	12.5	3	18.8			3.81	3.9	14	87.5	1	6.3	1	6.3			16	100
Total	5.88	4.375	199	67.5	50	16.9	46	15.6	0.958	1.52	4.08	3.6	242	82.0	37	12.5	16	5.4	0.178	8.919	295	100
Gender																						
Female	6.61	4.568	108	58.7	37	20.1	39	21.2			4.29	3.6	148	80.4	26	14.1	10	5.4			184	100
Male	5.14	3.941	112	76.2	19	12.9	16	10.9			3.92	3.5	121	82.3	18	12.2	8	5.4			147	100
Prefer not to say	10	0	0	0.0	1	100.0	0	0.0			3	0.0	1	100.0	0	0.0	0	0.0			1	100
Total	5.97	4.355	220	66.3	57	17.2	55	16.6	0.003	16.3	4.12	3.594	270	81.3	44	13.3	18	5.4	0.975	0.485	332	100
Health worker																						
No	6.51	4.485	130	61.3	37	17.5	45	21.2			4.6	3.77	166	78.3	30	14.2	16	7.5			212	100
Yes	5.00	3.951	90	75.0	20	16.7	10	8.3			3.28	3.098	104	86.7	14	11.7	2	1.7			120	100
Total	5.97	4.355	220	66.3	57	17.2	55	16.6	0.007	9.88	4.12	3.594	270	81.3	44	13.3	18	5.4	0.052	5.903	332	100
Previous COVID-19 test																						
No	5.69	4.473	135	69.6	28	14.4	31	16.0			3.91	3.4	162	83.5	24	12.4	8	4.1			194	100
Yes	6.36	4.168	85	61.6	29	21.0	24	17.4			4.41	3.8	108	78.3	20	14.5	10	7.2			138	100
Total	5.97	4.355	220	66.3	57	17.2	55	16.6	0.234	2.91	4.12	3.594	270	81.3	44	13.3	18	5.4	0.368	1.997	332	100
Education																						
Did not complete high school	6.11	4.164	20	57.1	10	28.6	5	14.3			4.09	3.138	30	85.7	4	11.4	1	2.9			35	100
Completed high school	10.71	6.317	2	28.6	1	14.3	4	57.1			10.29	3.2	1	14.3	3	42.9	3	42.9			7	100
TAFE certificate or diploma	7	4.933	6	46.2	4	30.8	3	23.1			4.85	4.652	9	69.2	3	23.1	1	7.7			13	100
University degree (Bachelor)	5.3	3.691	79	71.8	21	19.1	10	9.1			3.63	3.331	94	85.5	10	9.1	6	5.5			110	100
Postgraduate degree	2.43	2.82	7	100.0	0	0.0	0	0.0			2	2.236	7	100.0	0	0.0	0	0.0			7	100
Other	6.95	5.071	26	60.5	4	9.3	13	30.2			4.47	4.605	34	79.1	4	9.3	5	11.6			43	100
Prefer not to say	6	4.349	80	68.4	17	14.5	20	17.1			4.15	3.152	95	81.2	20	17.1	2	1.7			117	100
Total	5.97	4.355	220	66.3	57	17.2	55	16.6	0.003	29.4	4.12	3.594	270	81.3	44	13.3	18	5.4	<0.0001	39.632	332	100

*Age data available for n = 295
SD, standard deviation