

## Circadian (biological) process

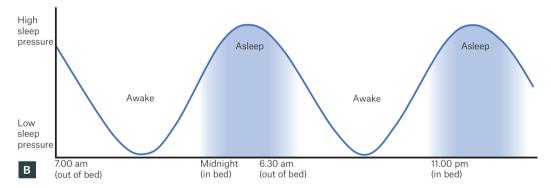


Figure 1. Homeostatic and circadian process of sleep regulation

A. Homeostatic (sleep drive) process; B. Circadian (biological) process