



Figure 1. Clinical guidelines flowchart³

[†]Qualifies for MBS reimbursement of BMD testing

[‡]Consensus recommendation. The MBS reimburses costs for measurement of BMD testing in any person aged ≥ 70 years.

[§]See other guidelines specific to glucocorticoid treatment for more information and recommendations regarding glucocorticoid use and risk of osteoporosis and fracture.

^{††}Treatment of an underlying condition may improve bone strength.

BMD, bone mineral density; DXA, dual energy X-ray absorptiometry; FRAX, Fracture Risk Assessment Tool; HIV, human immunodeficiency virus; MBS, Medicare Benefits Schedule; MGUS, monoclonal gammopathy of undetermined significance; PPIs, proton pump inhibitors; SSRIs, selective serotonin reuptake inhibitors

Reproduced with permission from The Royal Australian College of General Practitioners and Osteoporosis Australia, Osteoporosis prevention, diagnosis and management in postmenopausal women and men over 50 years of age, 2nd edn, East Melbourne, Vic: RACGP, 2017, p. vii. Extract from flowchart for management of patients who have not yet had a minimal trauma fracture.