



**Figure 2.** Premature ovarian insufficiency (POI) management algorithm

Bone density testing should be repeated regularly. Although there is no agreed recommended interval, we suggest every second year. Referral to a lipid specialist should be considered with significant hypertriglyceridaemia (eg at increased risk of pancreatitis) or persisting with use of transdermal hormone therapy. The terms hormone replacement therapy (HRT) and menopausal hormone therapy (MHT) are often used interchangeably. In the case of POI, the term HRT is more appropriate.

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