CLINICAL LIVING WELL WITH OSTEOARTHRITIS

Strategies

Empower consumers with knowledge and confidence to seek and request high-value care from primary care practitioners

Actions

- 1. Deliver public health messages about highvalue OA care including nationally accepted minimum standards for OA care
- 2. Produce an online web platform for consumer educational resources. decision aids and service directories
- 3. Produce consumer resources in multiple languages and modalities (eg hard copy leaflets)
- 4. Enhance the delivery of education and support for self-management in primary care settings (eg increase capacity for shared medical appointments, practice nurses)

Improve access of consumers to lifestyle interventions and coordinated, interdisciplinary OA care when needed

Actions

- 1. Deliver educational resources and training programs for primary practitioners concerned with high-value OA care and referral for lifestyle interventions
- 2. Partner with community groups to deliver lifestyle interventions for OA
- 3. Implement models that deliver coordinated, interdisciplinary OA care
- 4. Advocate for new funding models (public and private) that support group-based exercise and/or weight loss and coordinated care programs

Implement programs of OA care tailored for populations with specific needs including culturally and linguistically diverse groups and outreach for rural/remote areas

Actions

- 1. Evaluate, identify and report on geographic areas and culturally and linguistically diverse groups with specific needs
- 2. Build partnerships with opinion leaders and stakeholders to establish strategies and pathways to implement high-value care with these groups
- 3. Evaluate consumer resources and programs of care to ensure they meet the needs of specific aroups

Support existing or implement new models of remotely delivered OA person-centred care

Actions

- 1. Promote existing and implement new models of remote OA care delivery
- 2. Develop and implement training programs and core capabilities for practitioners to roll-out remotely delivered OA care
- 3. Advocate for new funding models (public and private) that support remotely delivered OA care

Advocate for musculoskeletal health to be

prominent in health planning and policy

Actions

- . At all government levels, inform and support existing or emerging health policy frameworks and funding agreements to include an explicit focus on musculoskeletal health
- 2. Advocate for expanding funding models for chronic disease management

Priority

Enhance the uptake of high-value care by Australians with OA

Figure 2. Strategic responses proposed to address priority 2

OA, osteoarthritis

Figure adapted from Wolk et al³⁶ and based on the Consolidated Framework for Implementation Research³⁷