



WHAT TO DO: FOR PEOPLE CONCERNED ABOUT COVID-19

PEOPLE WITH NO SYMPTOMS:

Seek information at www.health.gov.au and
www.healthdirect.gov.au

If you are at **low risk of exposure** maintain social distancing and good hand hygiene

If you are at **high risk of exposure** (been overseas recently or in close contact with someone with COVID-19) **stay at home and call 1800 020 080** for advice

PEOPLE WITH SYMPTOMS:

Fever | Cough | Sore throat | Shortness of breath | Tiredness

If symptoms are **severe** (hard to breathe or cannot stop coughing), **go to your local public hospital**

If symptoms are **mild**, stay at home and visit www.health.gov.au and www.healthdirect.gov.au for information and call **1800 020 080** or your general practice for advice on whether you need to attend a local clinic for assessment