



WHAT TO DO: FOR PEOPLE CONCERNED ABOUT COVID-19

PEOPLE WITH NO SYMPTOMS:

Seek information at www.health.gov.au and www.healthdirect.gov.au



If you are at **low risk of exposure** maintain **social distancing** and **good hand hygiene**

If you are at **high risk of exposure** (been overseas recently or in close contact with someone with COVID-19) **stay at home and call 1800 020 080** for advice

PEOPLE WITH SYMPTOMS:

Fever | Cough | Sore throat | Shortness of breath | Tiredness



If **symptoms are severe** (hard to breathe or cannot stop coughing), **go to your local public hospital**

If **symptoms are mild**, **stay at home** and visit www.health.gov.au and www.healthdirect.gov.au for information and call **1800 020 080** or your general practice for advice on whether you need to attend a local clinic for assessment